

Suggested Grief Websites

This list has been adapted from Pathways Center for Grief & Loss.



Agency	Website	Description
AfterTalk	www.aftertalk.com/	This is an online grief support site offering inspirational stories, poems, quotes and forums about the grief process after the death of a loved one. Free and non-denominational.
American Association of Retired Persons	www.aarp.org/home-family/caregiving/grief-and-loss/	Extensive list of grief and loss articles, and a list of local and national organizations offering bereavement support.
Camp Widow	https://campwidow.org/	Created by widowed people for widowed people, this website provides a wealth of information about weekend gatherings of widowed people from across the country and around the world.
Center for Loss & Life Transition	www.centerforloss.com/	The center is an educational and training center for bereavement caregivers, with resources also for those who are grieving. A bookstore, newsletter and online articles provide helpful information. The Center is directed by Dr. Alan Wolfelt, known worldwide for his compassionate messages of hope and healing in grief.
Centering Corporation & Grief Digest Magazine	https://centering.org/	This site features just a few of the resources available through the Centering Corporation, a family-owned and operated business that is dedicated to serving the needs of those healing from loss.
The Compassionate Friends	https://centering.org/	The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive. The Compassionate Friends is a national nonprofit, self-help support organization that offers friendship and understanding to bereaved parents, grandparents and siblings. There is no religious affiliation and there are no membership dues or fees.
The Dougy Center for Grieving Children & Families	https://www.dougy.org/	The Dougy Center was the first center in the United States to provide peer support groups for grieving children. They share with you what they have learned from more than 13,500 children, teens and families that they've served since 1982.
Family Lives On Foundation	www.familyliveson.org/	The Family Lives On Foundation's mission statement is to bring joy and comfort to grieving children, teen and their families by helping them continue cherished family traditions. Family Lives On supports hundreds of children/teens and their families in continuing cherished traditions, once a year each year until the child/teen turns 18-years-old.

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Fernside	www.fernside.org/	This site offers support and advocacy to grieving families who have experienced a death. Although direct services are not offered in this area, the website has a newsletter and other materials for professionals and families to guide and support those grieving or working with grieving individuals.
Gift From Within	www.giftfromwithin.org/	Gift From Within is a non-profit organization dedicated to those who suffer post-traumatic stress disorder (PTSD), those at risk for PTSD, and those who care for traumatized individuals. It develops and disseminates educational material, including videotapes, articles, books, and other resources through its websites and maintains a roster of survivors who are willing to participate in an international network of peer support.
Grief Healing	www.griefhealingblog.com/	Provides many topic specific articles about grief as well as Grief Healing Discussion Groups. The discussions are facilitated by a professional grief therapist and the website offers a wealth of helpful grief information.
GriefNet	www.griefnet.org/	GriefNet is an internet community of persons dealing with death, grief or major loss, with close to 50 online support groups.
GriefShare	www.griefshare.org/	An international organization dedicated to holding local support group meetings for working through grief, with interactions from attending seminars with experts on grief to walking through your grief with others in your community from a non-denominational, biblical perspective.
The Grief Toolbox	https://thegrieftoolbox.com/	Find helpful articles, a support group locator, an online art gallery and more for people experiencing grief.
Grief Watch	www.griefwatch.com	This website was created to provide bereavement resources, memorial products and links to help you through your personal loss. It also serves as an education tool for all who travel down the road of grief.
GriefWorks	www.griefworks.org/	An organization committed to serving all people who have experienced the death of a loved one, GriefWorks is specifically dedicated to spiritual support. This website contains articles, prayers, and brochures and publications for purchase.
Grieving.com	https://forums.grieving.com/	This forum resources has in excess of 45,000 active members who connect with others experiencing loss and grief and share hope.
The Grieving Center	http://grievingcenter.org/	The Grieving Center is a webs-based TV channel devoted to assisting those who have lost loved ones gain strength from hearing stories from others who are also grieving.

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Growth House	www.growthhouse.org/	Growth House provides an international portal to resources for life-threatening illness and end-of-life care. The organization's primary mission is to improve the quality of compassionate care for people who are dying through public education and global professional collaboration. A search engine offers access to a comprehensive collection of reviewed resources for end-of-life care.
Journey of Hearts	www.journeyofhearts.org/	This website offers poetry, prose and images that can resource and support those who have experienced a loss. From Journey of Hearts: "This site was designed for those who are in the early stages of grief, loss and bereavement to provide words of solace, condolence, hope and inspiration. This site utilizes a concept we have termed <i>Transitional Medicine</i> to help visitors through the grief process."
Kids Konnected – Kids Helping Kids	www.kidskonnected.org/	The mission of this organization and website is to provide friendship, understanding, education and support for children who have a parent with cancer, or have lost a parent to cancer. This site offers a 24-hour hotline, links to other cancer resources, information on summer camps and social events.
M.I.S.S. Foundation – "When a Child Dies"	https://missfoundation.org/	The M.I.S.S. Foundation provides support to grieving families through online support groups and a discussion board for children. The site also has information for bereavement professionals. The site includes articles, a newsletter, MISSING Angels and a downloadable funeral planner.
National Hopeline Network	www.hopeline-nc.org/	The National Hopeline Network provides crisis information for those who are contemplating suicide, and counselors available at all times to listen and offer assistance with obtaining local counseling help. 1.800.422.4673
National Hospice and Palliative Care Organization	www.nhpco.org/	Committed to advancing care at end of life, NHPCO also can assist you in finding bereavement resources and counseling services during the illness of someone close, or following the death. Information also is available in Spanish.
National Widowers' Organization	https://nationalwidowers.org	National Widowers' Organization was founded by a group of widowers who found solutions in their grief through a men's support group. The satisfaction from this process led to the creation of this site and a national advocacy for programs that support men in bereavement. The website has sections on what you can expect to encounter, resources, frequently asked questions and information on where to find male support groups.
New Hope	https://nationalwidowers.org	A support organization dedicated to encouraging, helping and bringing hope to widows and widowers.

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Open to Hope	www.opentohope.com/	Open to Hope is dedicated to “helping people find hope after loss. We invite you to read, listen and share your stories of hope and compassion.” The site offers podcasts, articles, book suggestions and other resources.
Society of Military Widows	www.militarywidows.org	The Society of Military Widows is a nationwide organization whose purpose is to assist widows of members of all branches of U.S. uniformed services.
TAPS – Tragedy Assistance Program for Survivors, Inc.	www.taps.org/	TAPS is a national, non-profit organization serving the families and friends of those who have died while serving in the armed forces. Services include a military survivor peer support network, grief counseling referral, caseworker assistance and crisis information.
Webhealing	https://webhealing.com/	The site offers discussion boards for individuals to chat about topics related to a personal loss of grieving in general. There are also articles of related interest and a page where you can journal in honor of someone you have lost.
What’s Your Grief	https://webhealing.com/	What’s Your Grief is designed to promote school age children. Based at the
Widowed Parent	https://widowedparent.org/	Resources and support for parents of school age children. Based at the University of North Carolina cancer hospital, they are also researching the experiences of widowed parents to better serve other families.

** Additional resources have been added to the list.

Please note: The links noted will take you to websites that are not administered by or connected with Casa de la Luz and thus not all of the content listed can be described as endorsed by our organization. You will also find a plethora of resources including suggested reading lists, information about caregiving, supporting others, and information for grieving adults, children, teens, and grieving specific types of losses (e.g., pet loss, suicide, losses in later life, etc.) at <http://www.hospiceandcommunitycare.org/grief-and-loss/grief-links/>