



# Casa de la Luz

## SPEAKERS' BUREAU

Casa de la Luz Hospice is proud to offer free education and support to community organizations through our new Speakers' Bureau. Our expert presenters are available to discuss a wide range of topics from healthcare planning and caregiving issues to stress management and palliative treatment modalities.

Contact Carrie Bui at 520.544.9890 to schedule a speaker for your organization.

## FEATURED SPEAKERS



### **James Nicolai, M.D.**

James Nicolai, M.D. is a board-certified family practitioner and graduate of the Arizona Center for Integrative Medicine fellowship under the direction of Dr. Andrew Weil. He is the former Medical Director of the Integrative Wellness Program at Miraval Resort and Spa, one of the first interactive integrative wellness programs of its kind at a destination spa resort. Dr. Nicolai is the Associate Medical Director for Casa de la Luz Hospice and maintains a private integrative medicine practice in Tucson. He is author of *Integrative Wellness Rules: A Simple Guide to Healthy Living* (Hay House, 2013). His expertise is in combining conventional medicine with the intelligent use of holistic therapies.



### **Callene Bentoncoury, RN, BSN, MA**

Callene Bentoncoury, RN, BSN, MA, has been a leader in the healthcare industry for more than 25 years. She started her career as a registered nurse and helped to establish and lead one of the first Level One trauma centers in Arizona. Before joining Casa de la Luz Hospice in 2013, Callene was Vice President for Clinical Operations and Service Excellence for Phoenix's Hospice of the Valley. She was active in community organizations and has presented on hospice topics at the local, state, and national levels.



### **Frank Williams, M.Div., Ph.D.**

Frank Williams is a community leader in the area of family counseling, hospice care, and grief support. He serves as the Director of Social Services for Casa de la Luz and leads grief support groups and provides individual grief counseling. Prior to joining Casa de la Luz Hospice, Frank was the Executive Director at Family Counseling Agency/Our Family Services. He was also faculty at The University of Arizona for the Family Studies department and a United Methodist minister for churches in California and Arizona. He received his master's and doctorate from Boston University and his bachelor's from The University of Arizona.



### **Marianne Schloss, RN, M.Div.**

Marianne Schloss, RN, M.Div. has more than 35 years of experience and clinical excellence in hospice, geriatric and psychiatric nursing, bereavement and spiritual counseling, yoga, breath work, and meditation for healing. As Casa's education coordinator, Marianne presents frequently in the community to healthcare professionals and to the public about caregiving, mindfulness, and end-of-life.

# FEATURED TOPICS

**Stress Management:**  
Exploring breathing techniques and meditation to relieve stress

**Communicating Well:**  
Techniques for handling difficult conversations

**Planning for Aging**

**Managing Caregiving:**  
Tips for caregivers

**Lessons from Hospice**

**Hospice 101**

**What is Palliative Care?**

**Caring for the Self:**  
Optimizing your health and well-being

**The Journey of Grief:**  
How to support someone after a death

**Music for Healing**

**Advance Healthcare Planning:**  
Preparing your advance directives

## About Casa de la Luz

---

Casa de la Luz was founded in Tucson in 1998 to provide hospice care and grief support to area residents. The Casa team supports patients from SaddleBrooke to South Tucson, and from Marana to Vail who wish to remain in their own homes at the end of life. If more comprehensive professional care is required, we also maintain a family-friendly in-patient unit adjacent to Northwest Medical Center and Kanmar Place, Tucson's only residential hospice home.

Casa now serves more families than any other local hospice program. However, we remain firmly committed to our fundamental mission: providing superior professional services and consolation to those who are approaching the end of their lives.

To learn more about Casa de la Luz, visit us on the web at [casahospice.com](http://casahospice.com).



*because every day counts*

7740 N. Oracle Road | 520.544.9890

[www.casahospice.com](http://www.casahospice.com)